



RAPIDS RAPTORS YOUTH FOOTBALL

2011 PRACTICE SCHEDULE

Week #1: Monday through Thursday: **Conditioning Week**

August 8 th	6 – 8pm	2 Hours	Helmet Only
August 9 th	5 – 7pm	2 Hours	Helmet Only (LHS Varsity Scrimmage and Family Night)
August 10 th	6 – 8pm	2 Hours	Helmet Only
August 11 th	6 – 7:30pm	1.5 Hours	Helmet Only (Draft Night)

Week #2: Monday through Thursday: **Team Week**

August 15 th	6 – 8pm	2 Hours	Full Pads
August 16 th	6 – 8pm	2 Hours	Full Pads
August 17 th	6 – 8pm	2 Hours	Full Pads
August 18 th	6 – 8pm	2 Hours	Full Pads

Week #3: Monday, Tuesday, Wednesday, Thursday, Saturday Scrimmage (Pittsville)

August 22 nd	6 – 8pm	2 Hours	Full Pads
August 23 rd	6 – 8pm	2 Hours	Full Pads
August 24 th	5:00pm	Picture Night	Game Uniforms (No Practice, Pictures Only)
August 25 th	6 – 8pm	2 Hours	Full Pads
August 27th	9:00am to Noon	Scrimmage with other Community Teams	

Week #4: Monday, Tuesday, Thursday

August 29 th	5:30 - 7:00pm	1.5 Hours	Full Pads
August 30 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 1 st	5:30 – 7:00pm	1.5 Hours	Full Pads

(No Games on Labor Day Weekend)

Week #5: Tuesday, Thursday

September 6 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 8 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 10th Game #1

Week #6: Tuesday, Thursday

September 13 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 15 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 17th Game #2

Week #7: Tuesday, Thursday

September 20 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 22 nd	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 24th Game #3

Week #8: Tuesday, Thursday

September 27 th	5:00 – 6:30pm	1.5 Hours	Full Pads
September 29 th	5:00 – 6:30pm	1.5 Hours	Full Pads

Saturday October 1st Game #4

Week #9: Tuesday, Thursday

October 4 th	5 – 6:30pm	1.5 Hours	Full Pads
October 6 th	5 – 6:30pm	1.5 Hours	Full Pads

Saturday October 8th Game #5

Week #10: Tuesday, Thursday

October 11 th	5 – 6:30pm	1.5 Hours	Full Pads
October 13 th	5 – 6:30pm	1.5 Hours	Full Pads

Saturday October 15th Game #6 (Last game of Season)

Tuesday October 18th Equipment Return Night