



RAPIDS RAPTORS YOUTH FOOTBALL

2008 PRACTICE SCHEDULE

Week #1: Monday through Thursday: **Conditioning Week**

August 4 th	6 – 8pm	2 Hours	Helmet Only
August 5 th	6 – 8pm	2 Hours	Helmet Only
August 6 th	6 – 8pm	2 Hours	Helmet Only
August 7 th	6 – 8pm	2 Hours	Helmet Only

Week #2: Monday through Thursday: **Team Week**

August 11 th	6 – 8pm	2 Hours	Full Pads
August 12 th	6 – 8pm	2 Hours	Full Pads
August 13 th	6 – 8pm	2 Hours	Full Pads
August 14 th	6 – 8pm	2 Hours	Full Pads

Week #3: Monday, Tuesday, Thursday, **Saturday Scrimmage**

August 18 th	6 – 8pm	2 Hours	Full Pads
August 19 th	6 – 8pm	2 Hours	Full Pads
August 21 st	6 – 8pm	2 Hours	Full Pads

August 23rd 9:00am to Noon Scrimmage with other Community Teams

Week #4: Monday, Tuesday, Wednesday

August 25 th	6 – 8pm	2 Hours	Full Pads
August 26 th	6 – 8pm	2 Hours	Full Pads
August 27 th	6 – 8pm	2 Hours	Full Pads

(No Games on Labor Day Weekend)

Week #5: Tuesday, Thursday (School Starts Sept 2nd)

No Practice on Labor Day Monday

September 2 nd	5:30 – 7:00pm	1.5 Hours	Full Pads
September 4 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 6th Game #1

Week #6: Tuesday, Thursday

September 9 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 11 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 13th Game #2

Week #7: Tuesday, Thursday

September 16 th	5:30 – 7:00pm	1.5 Hours	Full Pads
September 18 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 20th Game #3

Week #8: Tuesday, Thursday

September 23 rd	5:30 – 7:00pm	1.5 Hours	Full Pads
September 25 th	5:30 – 7:00pm	1.5 Hours	Full Pads

Saturday September 27th Game #4

Week #9: Tuesday, Thursday

September 30 th	5 – 6:30pm	1.5 Hours	Full Pads
October 2 nd	5 – 6:30pm	1.5 Hours	Full Pads

Saturday October 4th Game #5

Week #10: Tuesday, Thursday

October 7 th	5 – 6:30pm	1.5 Hours	Full Pads
October 9 th	5 – 6:30pm	1.5 Hours	Full Pads

Saturday October 11th Game #6 (Last game of Season)

Tuesday October 14th Equipment Return Night